



AIDE AUX FAMILLES D'ENFANTS HANDICAPES MOTEURS

Mailing address : AFEHM chez C Vuillerot

3 rue de la Terrasse
69004 LYON, France

*Association loi 1901 créée le 16 novembre 1984
enregistrée sous le n° 069 10 19617 auprès du préfet
de la région Rhône Alpes*

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Facilitates the training of professionals in the use of MFM. Useful for initial training or for updating skills.

Contact :

- www.mfm-nmd.org
- MFM training team E-mail:
formation.afehm.escale@gmail.com



Motor Function Measure (MFM) is a quantitative scale that

makes it possible to measure the functional motor abilities of a person affected by a neuromuscular disease.

Validated in **2004**, **MFM-32** is to date the only validated and published function measurement scale usable in the majority of neuromuscular diseases, among patients from **6 to 60 years old**. After continuing its research work the MFM study group validated in **2010** a shorter version of the scale, the **MFM-20** suitable for **children aged 2 to 7 years old**.

MFM is used worldwide. A User's manual translated in several languages provides all the information necessary to administer the MFM. MFM training sessions are organized in France and abroad to ensure the reproducibility of the scale.

Goal of the MFM self-study DVD:



This self-study DVD is an educational tool for therapists or doctors who can not participate to a regular training session.

This DVD also allows trained MFM users' to update their skills.

Potential users:

Any therapist who wants to use MFM can use this DVD alone. However, we recommend using it in groups of few professionals in order to facilitate the learning through the exchange of experiences.

Necessary material:

A computer or a DVD player connected to a screen and an audio output, and an MFM User's manual downloadable from the MFM website: www.mfm-nmd.org. It is **strongly recommended** to use a print version of the MFM User's manual during the learning or during a MFM completion with a patient.

Use of the MFM self-study DVD:

Several hours are required to view the entire DVD. We recommend taking breaks during the self-study, and to view the entire DVD over several sessions.

Through the chapter 3, you will discover the MFM and its rating by means of 64 videos.

We wish you an excellent training. If you want to be certified as MFM rater, please contact us to consider the modalities for the completion of a MFM certification test.



MFM database

Since 2007, a MFM database is freely accessible via Internet. This database allows identified practitioner, therapist or doctor to collect, save and consult MFM completed by their patients. This database is of interest for therapists by facilitating their patients' follow-up, for research project leaders', and for patients whose follow-up is facilitated even if they change city or team.

For information about the MFM database, consult <http://www.motor-function-measure.org/data-bank.aspx>

English MFM self-study DVD order form

Last name, first name.....

Profession.....

E-mail address.....

Mailing address for receipt of DVD

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Wish to acquire copies of the MFM self-study DVD at the price of 80 euros the unit, shipping included.

Payment by bank transfer to AFHEM account:

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|--|------|------|------|------|------|-----|
| IBAN (International Bank Account Number) | | | | | | |
| FR76 | 1027 | 8073 | 0100 | 0219 | 7990 | 187 |
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Order form to be sent to:
 Pascal RIPPERT
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 GHE - HFME –Bâtiment A1
 59 boulevard Pinel
 69677 BRON Cédex, France

Upon receipt of your order and payment, we will send you the desired copy (s) of the DVD.

